

SPECIAL NEEDS IN MYCITY

INVITES:

PARENTS, SELF-ADVOCATES, CAREGIVERS &
EDUCATORS
SUPPORTING INDIVIDUALS
WITH DEVELOPMENTAL DISABILITIES

7TH ANNUAL HEALTH AND WELLNESS CONFERENCE

Learn, Network and Relax



HEADLINE SPONSOR:
FAMILY RESOURCE NETWORK

SATURDAY, NOVEMBER 8, 2025

9:00 AM - 3:15 PM

DOUBLETREE HOTEL-HILTON

1150 9TH ST, MODESTO, CA 95354

Why You Should Attend:

- Understand Lifestyle Medicine: From Diet to Sleep: Six Habits That Heal.
- Gain insight into strengthening personal relationships within marriage, couples and family systems.
- Learn effective strategies for identifying and managing behaviors in children.
- Hear from a panel of parents on use of AI tools, parenting, managing stress and advocacy.
- Managing Stress, Anxiety and Depression.
- Connect with local resources through vendor booths and More...



Live Streaming

7TH ANNUAL HEALTH AND WELLNESS
CONFERENCE

on November 8th 9:30AM

\$20

Register Now:

<https://bit.ly/hwc2025>

(in-person tickets sold out)

SCAN FOR LIVESTREAM TICKETS!



Special Needs In My City
Helping Families with
Developmental Disabilities

A 501C(3) NON-PROFIT ORGANIZATION

Email: snimc@snimc.org

Website: www.specialneedsinmycity.org

Modesto, CA TAX ID: 82-3450395

